

| Pl | Stnr | Name | Jg | Verein | Zeit |
|---|------|-----------------------|----|-----------------------------|--------------------|
| D10 (Damen bis 10) (3) Ann. Teilstr.: 75-121, 117-75 | | | | | 1,2 km 10 P |
| 1 | 27 | Berger, Johanna | 08 | TGM Budenheim | 9:21 |
| 2 | 28 | Knoch, Neva | 12 | TV 1901 Saarlouis-Beaumarai | 18:35 |
| | 29 | Roth, Emma | 08 | TGM Budenheim | N Ang |
| D12 (Damen bis 12) (5) Ann. Teilstr.: 75-74, 117-75 | | | | | 1,9 km 14 P |
| 1 | 107 | Niemann, Merle | 07 | OLV Steinberg | 11:46 |
| 2 | 105 | Niemann, Marie | 07 | OLV Steinberg | 13:27 |
| 3 | 108 | Saß, Katharina | 07 | OLF Mainz | 14:46 |
| 4 | 106 | Beiser, Clara | 07 | TGM Budenheim | 21:14 |
| 5 | 109 | Strupp, Lotte | 07 | TGM Budenheim | 23:58 |
| D14 (Damen bis 14) (9) Ann. Teilstr.: 75-71, 117-75 | | | | | 2,1 km 16 P |
| 1 | 59 | Kästner, Anne | 06 | TV Oberbexbach | 12:13 |
| 2 | 60 | Mauch, Pina | 04 | Berliner Turnerschaft | 13:09 |
| 3 | 63 | Imbsweiler, Hannah | 05 | TV Oberbexbach | 14:49 |
| 4 | 61 | Dautermann, Lynn | 04 | TV Oberbexbach | 14:59 |
| 5 | 62 | Könekamp, Fabienne | 05 | TUS Niederjosbach | 15:46 |
| 6 | 24 | Hary, Laura | 05 | TV Oberbexbach | 18:25 |
| 7 | 66 | Breckle, Anja | 05 | TUS Karlsruhe-Rüppurr | 19:05 |
| | 65 | Wersin, Jule | 05 | TGM Budenheim | Fehlst |
| | 64 | Vogt, Frida | 05 | Berliner Turnerschaft | N Ang |
| D18 (Damen bis 18) (5) Ann. Teilstr.: 71-75, 75-117 | | | | | 3,4 km 20 P |
| 1 | 125 | Könekamp, Maira | 03 | TUS Niederjosbach | 23:15 |
| 2 | 123 | Kästner, Lisa | 03 | TV Oberbexbach | 23:56 |
| 3 | 124 | Wersin, Marit | 03 | TGM Budenheim | 24:12 |
| 4 | 127 | Kunkelmann, Jana | 02 | TSG Bad König | 24:35 |
| 5 | 126 | Schäfer, Leane | 02 | TGM Budenheim | 28:18 |
| D19- (Damen ab 19) (7) Ann. Teilstr.: 61-75, 75-71 | | | | | 4,2 km 23 P |
| 1 | 133 | Henkes, Elisabeth | 90 | OLG St. Vith ARDOC | 25:29 |
| 2 | 131 | Meißner, Theresia | 92 | MTV Seesen | 26:51 |
| 3 | 136 | Schintgen, Elisabeth | 96 | TSG Bad König | 31:47 |
| 4 | 128 | Pussak, Maren | 84 | Kölner OL-Team | 34:38 |
| 5 | 130 | Kosch, Sabeth | 91 | OLV Steinberg | 35:43 |
| 6 | 134 | Zubtsova, Aliaksandra | 90 | - ohne Verein - | 43:27 |
| | 132 | Kiel, Maria | 90 | CTG Koblenz | N Ang |

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| D35 (Damen ab 35) (4) Ann. Teilstr.: 71-75, 75-117 | | | | | 3,4 km 20 P |
| 1 | 15 | Becker, Claudia | 77 | Berliner Turnerschaft | 23:45 |
| 2 | 16 | Liebler, Svenja | 76 | CTG Koblenz | 25:33 |
| 3 | 14 | Schlei, Julia | 76 | OLV Steinberg | 32:32 |
| 4 | 17 | Wirth, Evelyn | 74 | TV 1901 Saarlouis-Beaumarai | 35:43 |
| D45 (Damen ab 45) (8) Ann. Teilstr.: 64-75, 75-71 | | | | | 3,1 km 19 P |
| 1 | 98 | Wersin, Birgit | 71 | TGM Budenheim | 20:59 |
| 2 | 101 | Kästner, Anja | 72 | TV Oberbexbach | 21:01 |
| 3 | 100 | Theel, Karin | 68 | TGM Budenheim | 28:51 |
| 4 | 96 | Könekamp, Friderike | 69 | TUS Niederjosbach | 30:26 |
| 5 | 102 | Gurieva, Irina | 68 | Gymnasion Offenbach | 31:38 |
| 6 | 99 | Knobloch, Katharina | 69 | OLV Steinberg | 32:15 |
| 7 | 97 | Breckle, Anke | 71 | TUS Karlsruhe-Rüppurr | 34:09 |
| | 103 | Kuntze, Alexandra | 73 | SV Handwerk Erfurt | N Ang |
| D55 (Damen ab 55) (8) Ann. Teilstr.: 75-74, 118-75 | | | | | 2,8 km 17 P |
| 1 | 10 | Kaiser, Viola | 59 | OL - Bad Schandau | 25:57 |
| 2 | 7 | Kloos, Barbara | 62 | TV Oberbexbach | 26:10 |
| 2 | 6 | Spehr, Uta | 63 | TUS Karlsruhe-Rüppurr | 26:10 |
| 4 | 9 | Wurtz, Regina | 58 | - ohne Verein - | 27:29 |
| 5 | 8 | Bode, Veronika | 55 | SC Melle 03 | 30:05 |
| 6 | 12 | Herbrand, Monika | 54 | Ski-Klub Duisburg | 50:08 |
| | 11 | Korff, Ulrike | 63 | SC Achmer | Fehlst |
| | 137 | Weber, Gitta | 63 | OLF Mainz | Fehlst |
| D65 (Damen ab 65) (3) Ann. Teilstr.: 75-74, 118-75 | | | | | 2,8 km 17 P |
| 1 | 140 | Müller, Gisela | 53 | TV 1886 Diedenbergen | 34:04 |
| 2 | 138 | Schlei, Valentina | 50 | OLV Steinberg | 35:14 |
| | 139 | Müller, Gerda | 47 | SV Mörlenbach | N Ang |
| H10 (Herren bis 10) (3) Ann. Teilstr.: 75-121, 117-75 | | | | | 1,2 km 10 P |
| 1 | 70 | Schlei, Michael | 10 | OLV Steinberg | 8:55 |
| 2 | 71 | Wirth, Tobias | 11 | TV 1901 Saarlouis-Beaumarai | 18:40 |
| | 69 | Doetsch, Julian | 09 | OLV Steinberg | N Ang |

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| H14 (Herren bis 14) (8) Ann. Teilstr.: 75-71, 117-75 | | | | | 2,1 km 16 P |
| 1 | 23 | Huang, Weihang | 04 | Berliner Turnerschaft | 10:36 |
| 2 | 22 | Reinert, Ben | 04 | TV Oberbexbach | 10:45 |
| 3 | 19 | Niemann, Matti | 04 | OLV Steinberg | 12:35 |
| 4 | 20 | Saß, Jannik | 05 | OLF Mainz | 14:28 |
| 5 | 21 | Wirth, Jakob | 05 | TV 1901 Saarlouis-Beaumarai | 14:59 |
| 6 | 25 | Breckle, Kai | 07 | TUS Karlsruhe-Rüppurr | 18:39 |
| 7 | 141 | Diehr, Benny | 05 | OLF Mainz | 22:50 |
| | 18 | Wirth, Daniel | 08 | TV 1901 Saarlouis-Beaumarai | Fehlst |
| H18 (Herren bis 18) (4) Ann. Teilstr.: 61-75, 75-71 | | | | | 4,2 km 23 P |
| 1 | 2 | Saß, Kolya | 01 | OLF Mainz | 25:31 |
| 2 | 3 | Raupach, Benno | 03 | OLV Steinberg | 26:42 |
| 3 | 4 | John, Luis | 02 | TGM Budenheim | 38:34 |
| | 5 | Heydkamp, Jann | 01 | SC Königstein | N Ang |
| H19- (Herren ab 19) (14) Ann. Teilstr.: 75-119, 81-75 | | | | | 4,4 km 24 P |
| 1 | 51 | Scott, Toby | 91 | OLV Steinberg | 18:05 |
| 2 | 58 | Guthier, Cedric | 96 | TSG Bad König | 19:20 |
| 3 | 47 | Kollenbach, Leon | 96 | Ski-Club Helsa | 22:54 |
| 4 | 46 | Schach, Jakob | 91 | SV Wannweil | 23:29 |
| 5 | 45 | Torgau, Moritz | 87 | TV Oberbexbach | 25:24 |
| 6 | 53 | Yurok, Anton | 87 | TV Oberbexbach | 26:53 |
| 6 | 56 | Witt, Jörg | | TSG Bad König | 26:53 |
| 8 | 49 | Schumann, Lukas | 95 | OLV Steinberg | 27:53 |
| 9 | 54 | Duhi, Balazs | 85 | Luxembourg Orienteering Club | 28:19 |
| 10 | 52 | Hartmann, Steffen | 81 | TGV Horn | 28:29 |
| 11 | 57 | Wersin, Kai | 94 | TGM Budenheim | 31:01 |
| 12 | 55 | Wersin, Steffen | 96 | TGM Budenheim | 34:30 |
| 13 | 50 | Wedekind, Konstantin | 89 | OLG St. Vith ARDOC | 34:49 |
| | 48 | Czioska, Paul | 86 | OLF Mainz | N Ang |
| H35 (Herren ab 35) (12) Ann. Teilstr.: 61-75, 75-71 | | | | | 4,2 km 23 P |
| 1 | 41 | Dunaev, Anatolii | 83 | Gymnasion Offenbach | 22:07 |
| 2 | 42 | Krüger, Ronny | 79 | Berliner Turnerschaft | 24:07 |
| 3 | 34 | Kühschelm, Leopold | 79 | Berliner Turnerschaft | 25:26 |
| 4 | 33 | Arzumanov, Alexey | 72 | Gymnasion Offenbach | 26:28 |
| 5 | 40 | Göhler, Marcel | 78 | Hansa Simmerath | 26:56 |
| 6 | 38 | Hervás Lucas, Jesús | 68 | Gymnasion Offenbach | 29:51 |
| 7 | 35 | Haenelt, Stephan | 79 | SV IHW Alex 78 Berlin | 29:53 |
| 8 | 39 | Reinert, Mark | 74 | TV Oberbexbach | 32:31 |
| 9 | 32 | Knoch, Sönke | 80 | TV 1901 Saarlouis-Beaumarai | 45:43 |

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| H35 (Herren ab 35) (12) Ann. Teilstr.: 61-75, 75-71 | | | | | 4,2 km 23 P |
| | 31 | Doetsch, Jakob | 83 | OLV Steinberg | N Ang |
| | 36 | Göbel, Sven | 77 | Gymnasion Offenbach | N Ang |
| | 37 | von Kutzschenbach, Benno | 77 | Skizunft Wiesbaden | N Ang |
| H45 (Herren ab 45) (12) Ann. Teilstr.: 71-75, 75-117 | | | | | 3,4 km 20 P |
| 1 | 77 | Wüstenhagen, Rolf | 70 | Gundelfinger Turnerschaft | 18:47 |
| 2 | 83 | Saß, Jörn | 69 | OLF Mainz | 19:03 |
| 3 | 78 | Breckle, Hans | 68 | Bielefelder TG | 21:13 |
| 4 | 82 | Raupach, Peter | 67 | OLV Steinberg | 22:34 |
| 5 | 72 | Wirth, Robert | 66 | TV 1901 Saarlouis-Beaumarai | 23:02 |
| 6 | 79 | Diehr, Eyke | 66 | OLF Mainz | 23:27 |
| 7 | 81 | Röhl, Stefan | 68 | OLF Mainz | 23:51 |
| 8 | 85 | Sester, Urban | 67 | TV Oberbexbach | 24:03 |
| 9 | 75 | Heim, Peter | 65 | OL-Team Filder | 25:27 |
| 10 | 84 | Garzorz, Martin | 65 | Gymnasion Offenbach | 26:42 |
| 11 | 80 | Letscher, Christian | 65 | TSV Dieringhausen | 26:58 |
| 12 | 76 | Niemann, Gerrit | 73 | OLV Steinberg | 29:13 |
| H55 (Herren ab 55) (9) Ann. Teilstr.: 64-75, 75-71 | | | | | 3,1 km 19 P |
| 1 | 120 | Helfrich, Klaus | 63 | OLV Steinberg | 19:28 |
| 2 | 121 | Hartmann, Dirk | 62 | SV Mietraching | 21:08 |
| 3 | 118 | Pflästerer, Klaus | 58 | AC 1892 Weinheim | 21:50 |
| 4 | 115 | Kaminsky, Jan | 60 | BSV Halle-Ammendorf | 21:55 |
| 5 | 116 | Wohlrabe, Lutz | 62 | ESV Lok Berlin-Schöneweide | 22:29 |
| 6 | 119 | Wurtz, Jean-Marie | 54 | - ohne Verein - | 22:43 |
| 7 | 117 | Moll, Volker | 62 | OLG Siegerland | 24:52 |
| | 113 | Göhring, Klaus | 57 | - ohne Verein - | Fehlst |
| | 114 | Krausbauer, Uwe | 57 | CTG Koblenz | N Ang |
| H65 (Herren ab 65) (7) Ann. Teilstr.: 75-74, 118-75 | | | | | 2,8 km 17 P |
| 1 | 91 | Conrad, Hans | 45 | TSG 1846 Darmstadt | 24:16 |
| 2 | 88 | Seefeld, Karl-Heinz | 53 | OLV Uslar | 26:16 |
| 3 | 89 | Rathje, Claus-Peter | 41 | TGM Budenheim | 28:00 |
| 4 | 87 | Herbrand, Jörg | 45 | Ski-Klub Duisburg | 33:07 |
| | 92 | Kotschetkow, Wladimir | 49 | Gymnasion Offenbach | Fehlst |
| | 90 | Horn, Gerhard | 36 | TGV Horn | N Ang |
| | 93 | Müller, Peter | 42 | SV Mörlenbach | N Ang |
| Offen (Offen) (2) Ann. Teilstr.: 75-71, 117-75 | | | | | 2,1 km 16 P |
| 1 | 142 | Sorgatz, Julia | 91 | TUS Karlsruhe-Rüppurr | 17:30 |
| 2 | 143 | Diouf, Jana | 84 | Kölner OL-Team | 19:41 |